

# GET OFF THE COUCH

HERE'S SOMETHING YOU CAN DO TOGETHER-



## Learn to Square Dance!



New Years Resolution? Forget the gym!

IT'S GOOD FOR THE MIND, BODY AND SOUL  
AND MOST OF ALL IT'S FUN, FUN, FUN!!

(And Free)

BEGINNER'S CLASSES START TUES. Feb. 7<sup>th</sup>

Sulphur United Methodist Church

Sulphur, OK

7:00 to 9:00

Contact Larry or Dorothy; 580-622-5022

580-618-0530 or 918-214-5008

- It's clean, family fun. Members can bring their children
- Our club has picnics, cookouts, holiday parties
- We participate in community service activities and food drives
- It's not the square dancing from old times
- It's set to modern music; western, pop, and even rock
- It's not the square dancing you might have done in school
- It's great exercise for the body and mind
- You don't have to know how to dance - we'll teach you
- It's not loud & rowdy like in the dance halls (though we do have loads of fun)
- Share this invitation with friends and neighbors

Yellow Rockers Square Dance Club

Live Lively -



Square Dance